

2.

BREAKFAST

LUNCH

SNACK

Monday

Porridge

**Marry me -chicken,
Rice**

**Vispipuuro
(Whipped porridge)**

Tuesday

Porridge

**Sausage soup,
Fresh veggies**

**Karelian pasty,
Cocoa**

Wednesday

Porridge

**Fish fingers,
Mashed potatoes,
Dill sauce,
Grated veggie salad**

Quark

Thursday

Porridge

**Carrot & pulled oats
macaroni casserole**

Sandwiches

Friday

Yogurt

**Beef Lindström,
Boiled potatoes,
Brown sauce,
Grated veggie salad**

Kissel

